



Kidz Wellbeing Conference

Friday 22nd February 2008 at 9.00am

Haydock Park Racecourse, St Helens

Conference Workshop selection form

During the day you will have the opportunity to attend 2 workshops. Workshop selection is on a first come first serve basis. **Please indicate your 1st, 2nd and 3rd choice for Workshop one and for Workshop two, complete your contact details below and return by email to: info@nwrywu.org.uk**

Organisation:	
Delegate's Name:	
Contact Tel:	
Email address:	

Workshop one: 11.40am - 12.25pm

Workshop facilitator	Theme	1 st , 2 nd , 3 rd Choice
Paul Smithson: Mencap Youth Participation Officer working with people with a learning disability, their families and carers	Promoting the voices of the hard to reach: Exploring how professionals, carers and advocates can work to ensure that young people who are seen as hard to can have their voices heard.	
Kate Mercer: Child Advocacy Established specialist trainer in children's rights and advocacy	Child advocacy: Exploring 'what advocacy is' and why young people may want the support of an independent advocate. Young people will be leading the session.	
Bradley Lincoln: founder of the Multiple Heritage Project	Raising the profile of mixed race identity: Exploring the following themes; Appropriate terminology and Developing positive racial literacy.	
Simon Howes: coordinator for CALM (the Campaign Against Living Miserably)	Young men and Wellbeing: Exploring some of the issues that young men experience in today's society, with indicators as to how we may address them through a range of activities.	

Workshop two: 1.25pm – 2.10pm

Workshop facilitator	Theme	Choice
Sally Carr & Myrtle Finley: LGBT Youth Northwest supporting Lesbian, Gay, Bisexual and Transgender young people	You're Gay! you need counselling then: Exploring the difficulties LGBT Young People face in coming out and finding support, with resources that practitioners can then use in their own settings.	
Mark Swift & Jennifer Brown: Halton and St Helens Primary Care Trust	What works to promote Positive Mental health: Exploring the evidence base and current best practice for promoting children's wellbeing.	
Christopher Howell: Project Illusion Life Coach and member of the Magic Circle	Unlocking potential: Conceptual Illusionist uses a unique interactive approach to unlock awareness of potential whilst teaching skills to help achieve goals.	
Elaine Bousfield: Kooth Online Counselling Service Counsellor with experience working in mental health and with young people	Working online with young people: This workshop will look at some of the challenges and opportunities of offering therapy based services to young people online	
Naomi Cheetham: a young person who lives with cerebral palsy and refuses to let her disability stop her getting on with her life.	Young Ambassadors: Working with schools, colleges and youth groups to raise awareness about disability (general awareness, relationships and sex matters) and also mentoring young disabled people.	